DEVOTE.

READ. Matthew 5:31-37

THINK. Jesus isn't just against oaths, he is against using promises to mislead and manipulate people, because to him, treating people well is most important thing.

How can promises mislead people?

Why would God not want you to make promises on His name especially?

What good aspects of community do oaths and lies keep from growing?

PRAY. for God to help you like being honest.