

How to Rest & Reflect: *Sundays are for rest. Use them to relax alone or with family and friends, and reflect on the ways God is growing you and working around you.*

How To Devote: *One of the best ways to commit your whole self to Jesus is to spend time with Him in scripture and prayer. So, protect some time to **Read** the passage to understand it; **Think** about what it means about God, the world, or yourself; and **Pray** with God or ask for help. Remember: the goal is to grow a deeper trust in Jesus.*

Sun. **Rest & Reflect:** Rest with someone you enjoy and Reflect on the ways God is growing you.

Mon **Read:** Matthew 23:23-28 + Matthew 23:1-5
Think: How can our “obedience” draw us farther from God?
Pray: for obedience that grows humility.

Tue **Read:** Matthew 23:23-28 + Isaiah 58:9-12
Think: What oppression should we confront and needs should we satisfy?
Pray: for God to help us be a people of justice.

Wed **Read:** Matthew 23:23-28 + Matthew 6:5-15
Think: What does God's kingdom and will on earth look like?
Pray: the Lord's Prayer.

Thu **Read:** Matthew 23:23-28 + Galatians 6:9-10
Think: What is the harvest of good deeds?
Pray: for God to grow a large harvest.

Fri **Read:** Matthew 23:23-28 + Hebrews 10:22
Think: How does time in devotion shape your heart like Jesus's?
Pray: for the Spirit to keep shaping your character like Jesus's.

Sat **Read:** Matthew 23:23-28 + Psalm 69:30-31
Think: How does your worship and devotion impact God?
Pray: and just talk knowing He is pleased with you and your devotion.