



## WEEK 1: September 7-13

Humble Like Jesus

*"Having the Mindset of Christ"*

**How to Rest & Reflect:** Sundays are for rest. Use them to relax alone or with family and friends, and reflect on the ways God is growing you and working around you. **How To Devote:** One of the best ways to commit your whole self to Jesus is to spend time with Him in scripture and prayer. So, protect some time to **Read** the passage to understand it; **Think** about what it means about God, the world, or yourself; and **Pray** with God or ask for help. Remember: the goal is to grow a deeper trust in Jesus.

### Sunday

**Rest & Reflect:** Rest by doing something for you and reflect on the value God places on you.

### Monday

**Read:** Philippians 2:1-5 + Romans 12:1-3

**Think:** Why is humility essential to the renewing of your "mind"?

**Pray:** for the Spirit to renew you.

### Tuesday

**Read:** Philippians 2:6-8 + John 13:12-17

**Think:** What are some times when Jesus embodies humility?

**Pray:** for Jesus to help you value humility more.

### Wednesday

**Read:** Philippians 2:9-11 + Matthew 23:5-11

**Think:** How can humility exalt you?

**Pray:** for God to humble you. (Maybe gently.)

### Thursday

**Read:** Philippians 2:1-5 + Proverbs 4:20-23

**Think:** What's growing in your heart you need to root out?

**Pray:** for the Spirit to convict you.

### Friday

**Read:** Philippians 2:6-8 + Proverbs 22:4

**Think:** What does humility earn you?

**Pray:** for God to let you see the blessings that come from humility?

### Saturday

**Read:** Philippians 2:9-11 + Psalm 8

**Think:** How does knowing your worth help you be humble?

**Pray:** for God to show you what He sees in you.