**How to Rest & Reflect:** Sundays are for rest. Use them to relax alone or with family and friends, and reflect on the ways God is growing you and working around you.

**How To Devote**: One of the best ways to commit your whole self to Jesus is to spend time with Him in scripture and prayer. So, protect some time to **Read** the passage to understand it; **Think** about what it means about God, the world, or yourself; and **Pray** with God or ask for help. Remember: the goal is to grow a deeper trust in Jesus.

Sun. **Rest & Reflect:** Rest in God's perfect love for you and reflect on the beliefs that you have grown into and out of in your faith.

Mon **Read**: James 3:13-18 + Proverbs 11:2

**Think**: How does humility help grow wisdom? **Pray**: for the spirit to grow humility in you.

Tue **Read**: James 3:13-18 + Job 38:4-7

**Think**: What is the danger of presuming to know God's reasons?

**Pray**: for the spirit to show you when you are overreaching.

Wed **Read**: James 3:13-18 + Proverbs 19:20

**Think**: Who gives you godly advice? (Thank them for it.)

**Pray**: and thank God for putting them in your life.

Thu **Read**: James 3:13-18 + Romans 14:1-4

**Think**: How do you know if something is a "disputable matter?" **Pray**: the Spirit to soften your stance on disputable matters.

Fri **Read**: James 3:13-18 + Ephesians 4:1-6

**Think**: Take some time and list some central beliefs for you.

**Pray**: for a deeper unity at Redeemer.

Sat **Read**: James 3:13-18 + 1 Corinthians 8:1-3

**Think**: What makes love more important than being right?

**Pray**: to love people more like how God does.