How to Rest & Reflect: Sundays are for rest. Use them to relax alone or with family and friends, and reflect on the ways God is growing you and working around you.

How To Devote: One of the best ways to commit your whole self to Jesus is to spend time with Him in scripture and prayer. So, protect some time to **Read** the passage to understand it; **Think** about what it means about God, the world, or yourself; and **Pray** with God or ask for help. Remember: the goal is to grow a deeper trust in Jesus.

Sun. **Rest & Reflect:** Rest in God's favor and reflect on all He has made possible for you.

Mon **Read**: Matthew 19:16-30 + Psalm 73:23-26

Think: Why is it easy to value having things over being near to God?

Pray: for God to be your refuge this week.

Tue **Read**: Matthew 19:16-30 + Acts 10:1-4

Think: How is supporting the poor an offering? (e.g. a grateful gift to God.)

Pray: that the Father would be happy with what you offer Him.

Wed **Read**: Matthew 19:16-30 + Isaiah 58:6-10

Think: How can we wrongly value religious practice over helping others?

Pray: for the Spirit to convict you of this sin.

Thu **Read**: Matthew 19:16-30 + Luke 12:32-34

Think: How do you store treasures in heaven?

Pray: for your heart to be focused on Jesus.

Fri **Read**: Matthew 19:16-30 + Deuteronomy 15:7-11

Think: What beliefs or ideas help you be ungrudgingly generous?

Pray: the Spirit to help you grow sincere generosity.

Sat **Read**: Matthew 19:16-30 + 2 Corinthians 8:1-9

Think: What did Jesus give up for you?

Pray: for your life to be modeled after His generosity.