

How to Rest & Reflect: *Sundays are for rest. Use them to relax alone or with family and friends, and reflect on the ways God is growing you and working around you.*

How To Devote: *One of the best ways to commit your whole self to Jesus is to spend time with Him in scripture and prayer. So, protect some time to **Read** the passage to understand it; **Think** about what it means about God, the world, or yourself; and **Pray** with God or ask for help. Remember: the goal is to grow a deeper trust in Jesus.*

Sun. **Rest & Reflect:** Rest in God's faithfulness and Reflect on ways He has provided for you.

Mon **Read:** Matthew 14:13-21 + 2 Kings 4:42-44

Think: What does the scale of Jesus's feeding say about Him?

Pray: And worship Jesus for being a powerful and faithful God.

Tue **Read:** Matthew 14:13-21 + 1 Kings 17:8-16

Think: In both Matthew and Kings, why is God multiplying food?

Pray: that we could be on those same missions with God.

Wed **Read:** Matthew 14:13-21 + John 6:1-14

Think: What do you do with the differences between these two stories?

Pray: for wisdom and trust even when scripture is complex.

Thu **Read:** Matthew 14:13-21 + Ruth 2:8-13

Think: How do Boaz's actions display God's character?

Pray: for the desire to meet people's needs and show God's faithfulness.

Fri **Read:** Matthew 14:13-21 + James 2:15-17

Think: What is the connection between people's physical needs and ability to accept God's peace and faithfulness?

Pray: for the spirit to help you see the needs of people around you.

Sat **Read:** Matthew 14:13-21 + Romans 16:1-7

Think: What did these women and men do to help others trust Jesus?

Pray: to have a legacy like these saints.