

How to Rest & Reflect: *Sundays are for rest. Use them to relax alone or with family and friends, and reflect on the ways God is growing you and working around you.*

How To Devote: *One of the best ways to commit your whole self to Jesus is to spend time with Him in scripture and prayer. So, protect some time to **Read** the passage to understand it; **Think** about what it means about God, the world, or yourself; and **Pray** with God or ask for help. Remember: the goal is to grow a deeper trust in Jesus.*

Sun. **Rest & Reflect:** Rest in God's overwhelming grace and love for you and reflect on how well you are humbly submitting your life to God.

Mon **Read:** James 4:1-6 + Proverbs 3:34

Think: How is God mocking and opposing the proud for their good?

Pray: for God to oppose your pride.

Tue **Read:** James 4:7-12 + Zechariah 7:9-12

Think: Why do people, yourself included, keep going back to wickedness?

Pray: for the Spirit to convict you of your stubbornness.

Wed **Read:** James 4:1-6 + Romans 8:5-8

Think: How can you know if the world's habits are good or fleshly?

Pray: for humble discernment for what ways are best.

Thu **Read:** James 4:7-12 + Isaiah 57:14-21

Think: Why does wickedness matter so much to God?

Pray: for the Spirit to convict you of a wicked habit you don't see.

Fri **Read:** James 4:1-6 + Matthew 23:8-12

Think: What do you do when you disagree with what scripture teaches?

Pray: for help faithfully wrestling with difficult passages.

Sat **Read:** James 4:7-12 + Job 38:1-7

Think: To what can you compare your position before God?

Pray: in worship in recognition of how great God is.