

**Every Sunday:** *Rest with God and Reflect on the ways He is with you.*

**Every Other Day:** *Read to understand; Think about what it means; and Pray.*

Sun. **Rest & Reflect.**

“God who sees;  
Father who knows my inmost being,  
In all I am, though all I've done,  
You have chosen me.  
In Jesus; by his life, death, and life again;  
You have made me your child.  
Help me see myself as you see me,  
As one worthy and welcomed by you. Amen”  
-Take a silent moment in God's company-

Mon **Read:** Ephesians 1:3-6 + Deuteronomy 7:6-11

**Think:** Who are God's people now?

**Pray:** for the Spirit to help someone you know, know Jesus.

Tue **Read:** Ephesians 1:7-10 + Isaiah 11:6-9

**Think:** What disunity and disharmony is weighing on you?

**Pray:** to remind yourself of what God is doing to bring unity and harmony.

Wed **Read:** Ephesians 1:11-14 + Psalm 98

**Think:** How does saving sinners show God to be glorious?

**Pray:** and glorify God for finding ways to choose us.

Thu **Read:** Ephesians 1:3-6 + Colossians 3:14

**Think:** What habits do we need to learn as God's chosen people?

**Pray:** for our church to embody the habits of God's people.

Fri **Read:** Ephesians 1:7-10 + Colossians 1:15-20

**Think:** How does the sacrifice of Jesus bring peace/harmony?

**Pray:** and ask for wisdom in a circumstance that needs God's peace.

Sat **Read:** Ephesians 1:11-14 + Romans 3:21-26

**Think:** How does saving sinners show God to be fair and righteous?

**Pray:** to thank Jesus that through His sacrifice we learn of God's just love.