

Every Sunday: Rest with God and Reflect on the ways He is with you.

Every Other Day: Read to understand; Think about what it means; and Pray.

Sun. **Rest & Reflect.**

“God who sees;
 Father who knows my inmost being,
 In all I am, though all I've done,
 You have chosen me.
 In Jesus; by his life, death, and life again;
 You have made me your child.
 Help me see myself as you see me,
 As one worthy and welcomed by you. Amen”
 -Take a silent moment in God's company-

Mon **Read:** Ephesians 1:3-6 + Deuteronomy 7:6-11

Think: Who are God's people now?

Pray: for the Spirit to help someone you know, know Jesus.

Tue **Read:** Ephesians 1:7-10 + Isaiah 11:6-9

Think: What disunity and disharmony is weighing on you?

Pray: to remind yourself of what God is doing to bring unity and harmony.

Wed **Read:** Ephesians 1:11-14 + Psalm 98

Think: How does saving sinners show God to be glorious?

Pray: and glorify God for finding ways to choose us.

Thu **Read:** Ephesians 1:3-6 + Colossians 3:14

Think: What habits do we need to learn as God's chosen people?

Pray: for our church to embody the habits of God's people.

Fri **Read:** Ephesians 1:7-10 + Colossians 1:15-20

Think: How does the sacrifice of Jesus bring peace/harmony?

Pray: and ask for wisdom in a circumstance that needs God's peace.

Sat **Read:** Ephesians 1:11-14 + Romans 3:21-26

Think: How does saving sinners show God to be fair and righteous?

Pray: to thank Jesus that through His sacrifice we learn of God's just love.