

# YOU ARE



REDEEMER  
CHURCH

## February 8-14

You Are  
"Adopted"

**Every Sunday:** Rest with God and Reflect on the ways He is with you.

**Every Other Day:** Read to understand; Think about what it means; and Pray.

### Sunday

**Rest & Reflect:** "God, whom we call Abba, You invited us into your family and entrust us with your kingdom. Let us be true heirs to your way—choosing self-giving over selfishness and mercy over judgment. Help us serve your people at your side and glorify us with your mighty Son. "  
-Take a silent moment in God's company-

### Monday

**Read:** Romans 8:12-13 + Genesis 4:3-7

**Think:** What sin has been crouching at your door recently?

**Pray:** for the power of the Spirit to help you put the flesh to death.

### Wednesday

**Read:** Romans 8:12-13 + Ezekiel 18:30-32

**Think:** Why is repentance so hard?

**Pray:** For the power of the Spirit to help you put the flesh to death.

### Thursday

**Read:** Romans 8:15-17 + Psalm 2:7-8

**Think:** The nations (meaning both gentiles and foreigners) are your inheritance. How can you protect and care for unbelievers and foreigners?

**Pray:** for the Spirit to empower you to serve people.

### Friday

**Read:** Romans 8:12-13 + Galatians 5:16-24

**Think:** What habits or outlooks starve desires of the flesh to death?

**Pray:** for the power of the Spirit to help you put the flesh to death.

### Saturday

**Read:** Romans 8:15-17 + Philippians 3:7-11

**Think:** Jesus was glorified by suffering for others. How can you do that?

**Pray:** for courage to love others even at a cost.