

**Every Sunday:** *Rest with God and Reflect on the ways He is with you.*

**Every Other Day:** *Read to understand; Think about what it means; and Pray.*

Sun. **Rest & Reflect.**

"God, whom we call Abba,  
You invited us into your family  
and entrust us with your kingdom.  
Let us be true heirs to your way—  
choosing self-giving over selfishness  
and mercy over judgment.  
Help us serve your people at your side  
and glorify us with your mighty Son. "  
*-Take a silent moment in God's company-*

Mon **Read:** Romans 8:12-13 + Genesis 4:3-7

**Think:** What sin has been crouching at your door recently?

**Pray:** for the power of the Spirit to help you put the flesh to death.

Tue **Read:** Romans 8:15-17 + Galatians 4:4-7

**Think:** Do you feel like a slave or an heir to God?

**Pray:** for the Spirit to confirm your place with God.

Wed **Read:** Romans 8:12-13 + Ezekiel 18:30-32

**Think:** Why is repentance so hard?

**Pray:** For the power of the Spirit to help you put the flesh to death.

Thu **Read:** Romans 8:15-17 + Psalm 2:7-8

**Think:** The nations (meaning both gentiles and foreigners) are your inheritance. How can you protect and care for unbelievers and foreigners?

**Pray:** for the Spirit to empower you to serve people.

Fri **Read:** Romans 8:12-13 + Galatians 5:16-24

**Think:** What habits or outlooks starve desires of the flesh to death?

**Pray:** for the power of the Spirit to help you put the flesh to death.

Sat **Read:** Romans 8:15-17 + Philippians 3:7-11

**Think:** Jesus was glorified by suffering for others. How can you do that?

**Pray:** for courage to love clothes even at a cost.