

Every Sunday: Rest with God and Reflect on the ways He is with you.

Every Other Day: Read to understand; Think about what it means; and Pray.

Sun. **Rest & Reflect.**

“God, whom we call Abba,
You invited us into your family
and entrust us with your kingdom.
Let us be true heirs to your way—
choosing self-giving over selfishness
and mercy over judgment.
Help us serve your people at your side
and glorify us with your mighty Son.”
-Take a silent moment in God’s company-

Mon **Read:** Romans 8:12-13 + Genesis 4:3-7

Think: What sin has been crouching at your door recently?

Pray: for the power of the Spirit to help you put the flesh to death.

Tue **Read:** Romans 8:15-17 + Galatians 4:4-7

Think: Do you feel like a slave or an heir to God?

Pray: for the Spirit to confirm your place with God.

Wed **Read:** Romans 8:12-13 + Ezekiel 18:30-32

Think: Why is repentance so hard?

Pray: For the power of the Spirit to help you put the flesh to death.

Thu **Read:** Romans 8:15-17 + Psalm 2:7-8

Think: The nations (meaning both gentiles and foreigners) are your inheritance. How can you protect and care for unbelievers and foreigners?

Pray: for the Spirit to empower you to serve people.

Fri **Read:** Romans 8:12-13 + Galatians 5:16-24

Think: What habits or outlooks starve desires of the flesh to death?

Pray: for the power of the Spirit to help you put the flesh to death.

Sat **Read:** Romans 8:15-17 + Philippians 3:7-11

Think: Jesus was glorified by suffering for others. How can you do that?

Pray: for courage to love clothes even at a cost.