

**Sun:** *Rest and Reflect with God.* **Mon-Sat:** *Read, Think, and Pray through Scripture.*

**Lenten Habit:** *Consider incorporating a habit that grows discipline before Easter as a way of focusing on God and preparing to celebrate our new life in Jesus.*

Sun. **Rest & Reflect.**

“Grant, O God,  
 that being baptized into Jesus’ death,  
 our sin might die and be buried with him.  
 Keep our old self in the grave—  
 those habits that hurt,  
 those temptations that harm,  
 those thoughts that degrade and destroy.  
 Seal them behind the veil,  
 that we might be freed to live for you.”  
*-Take a silent moment in God’s company-*

Mon **Read:** Romans 6:1-4 + Exodus 14:21–31

**Think:** What biblical moments is baptism meant to remind us of?

**Pray:** for people struggling in dark life circumstances.

Tue **Read:** Romans 6:5-11 + John 8:34–36

**Think:** How does sin enslave people?

**Pray:** through a sin you feel trapped in.

Wed **Read:** Romans 6:1-4 + Ezekiel 36:25–27

**Think:** How does baptism give new life?

**Pray:** for people struggling in sinful patterns.

Thu **Read:** Romans 6:5-11 + Psalm 116:16-19

**Think:** What has God freed you from?

**Pray:** and thank Him for His freedom.

Fri **Read:** Romans 6:1-4 + Matthew 28:19–20

**Think:** What made you want to be baptized?

**Pray:** for people who need to hear the good news and be baptized.

Sat **Read:** Romans 6:5-11 + 2 Corinthians 5:14–15

**Think:** How do you live *for* Jesus?

**Pray:** for God to receive your work and life as an offering.