

**Sun:** Rest and Reflect with God. **Mon-Sat:** Read, Think, and Pray through Scripture.

**Habit Tracking:** Prayerfully choose a habit of a new life with Jesus and attempt to put it into practice. Each night, reflect on how well you did. (Ex. Being Patient or Forgiving.)

Sun. **Rest & Reflect.**

“Lord Jesus, Resurrected King,  
 All praise and honor are yours.  
 You have defeated that great enemy  
 And are making all things new.  
 You have delivered us out of sin and death,  
 And welcomed us into your glorious kingdom.  
 Bless our new life in you.  
 Let us be mirrors of your character  
 And agents of your peace,  
 That our lives might enact your will and bring you glory.”  
 -Take a silent moment in God’s company-

Mon **Read:** Luke 24:1-8 + Matthew 28:1-10

**Think:** Compare and contrast. What stands out?

**Pray:** and thank Jesus for the new life He brings.

Tue **Read:** Romans 6:8-11 + Ezekiel 36:26-27

**Think:** What decrees and laws are most important to living a new life?

**Pray:** for the Spirit’s help enacting those.

Wed **Read:** Luke 24:1-8 + Mark 16:1-8

**Think:** Compare and contrast. What stands out?

**Pray:** and thank Jesus for the new life He brings.

Thu **Read:** Romans 6:8-11 + Colossians 3:1-3

**Think:** What are the “things above” that help you live a new life on earth?

**Pray:** for the Spirit to remind you of those.

Fri **Read:** Luke 24:1-8 + John 20:1-9

**Think:** Compare and contrast. What stands out?

**Pray:** and thank Jesus for the new life He brings.

Sat **Read:** Romans 6:8-11 + 1 Peter 1:3-7

**Think:** “Living hope,” describes now and someday. How is your new life now and someday?

**Pray:** for the Spirit to keep growing you.