

Sun: *Rest and Reflect with God.* **Mon-Sat:** *Read, Think, and Pray through Scripture.*

Prayer: *Prayer is more than just talking to God. Explore some new habits in your prayer life this month.*

Sun. **Rest & Reflect.**

Oh God, our breath of life,
Your Spirit is the wind.
Your life is living water.
Your promises are the rainbow overhead.
Fill our lives with wordless reminders of you.
Let us see your image in our reflection,
receive your sustenance in communion,
and be washed clean in the baptism of your Spirit.
Attune our hearts and minds,
that we may be ever attentive to you.

Mon **Read:** Joshua 4:1-3 + John 4:10-14

Think: How is water a reminder of God to you?

Pray: to be filled with the new life from God.

Tues **Read:** Joshua 4:4-7 + 1 Corinthians 11:23-26

Think: What would change if you treated every meal like communion?

Pray: for God to proclaim His good news to and through you.

Wed **Read:** Joshua 4:1-9 + 1 Corinthians 6:18-20

Think: What about you is a reminder of God?

Pray: for your body to be a reminder of God to you.

Thurs **Read:** Joshua 4:1-3 + Genesis 9:13-17

Think: What symbols or objects are in nature that you can use as prayer?

Pray: by choosing an object in nature to be a reminder of God.

Fri **Read:** Joshua 4:4-7 + 1 Samuel 7:7-12

Think: What symbols or objects are in town that you can use as prayer?

Pray: by choosing an object in town to be a reminder of God.

Sat **Read:** Joshua 4:8-9 + Deuteronomy 11:13-21

Think: What symbols or objects in your home can you use as prayer?

Pray: by choosing an object in your home to be a reminder of God.