



August 23-29

Can We Talk?

"Confession"

Sun: Rest and Reflect with God.

Mon-Sat: Read, Think, and Pray through Scripture.

Prayer: Prayer is more than just talking to God. Explore some new habits in your prayer life this month.

Sunday

Rest & Reflect:

Merciful Friend, forgive and forget.

Release and renew me.

I am a stiff-necked person, yet you are loyal.

I am a petulant, runaway child, yet you wait for my return.

I have broken your laws, yet you declare me righteous.

I have hurt your beloved, yet you help me make it right.

(Take some time and confess your sin.)

God, In your mercy, you forgive. God, you keep no records of wrong and forget. You have paid the price for my release, and your Spirit has made me new. Send me forward to set right what my sin has made wrong.

Monday

Read: Psalm 51:1–6 + Proverbs 28:13

Think: How can confession be a gift to you?

Pray: and let go of something you've been holding on to by confessing it.

Tuesday

Read: Psalm 51:7–12 + Leviticus 14:1–7

Think: Hyssop was a sign of being undefiled and guilt-free. What makes you feel guilt-free?

Pray: for God not just to forgive you, but to remove your guilt and shame.

Wednesday

Read: Psalm 51:1–6 + 1 John 1:5–10

Think: How should knowing that God will forgive you affect how you emotionally respond to what you do wrong?

Pray: to thank God that His forgiveness is assured.

Thursday

Read: Psalm 51:7–12 + Ezekiel 36:25–27

Think: What is a sin you keep going back to, and why?

Pray: for God to renew you so that you don't want it anymore.

Friday

Read: Psalm 51:1–6 + James 5:13–16

Think: How do you feel about confessing your sins to someone else?

Pray: for a wise friend you could be honest with.

Saturday

Read: Psalm 51:7–12 + Luke 19:1–10

Think: What is something you need to make right with someone?

Pray: for God to give you the courage to make it right.